

## Summary of Animal Bowen Course

Driving home 3.5 hours from my course today gave me lots of time to reflect on what I learnt and what I thought about the course.

This last course was the best for me because it was a smaller group and I was able to refine my moves and have lots of one on one time to ask questions watch dog behaviour and mobility.

It was nice to see some dogs that did not have Bowen done to them before and see that not all dogs are going to relax, give you that yawn or lick but I did pick up on some other tells, like going into a corner and laying down or having a big stretch.

It was really good to see a dog that was a little aggressive. It has made me question whether to listen to the owner the first time the dogs comes and if they say they will bite maybe they will. It is a hard call because sometimes the negative energy can come from the owners just thinking they will bite or is it really the dog. I have not made up my mind about that scenario yet. As we discussed I did work on a dog that the owner said he might bite but I personally didn't get that feeling from the dog. Yesterday was a huge eye opener as I peed my pants a few times. Lol.

I welcomed all the tips for being mobile and having to be more confident on instructions for the dog during and after Bowen. My biggest issue I was finding is that the dogs were being able to jump on furniture and run hard when they had a leg issue. This only anti doted the Bowen.

My favourite case to date is Peanut the paralyzed dog. The results were amazing. I spoke with his groomer and she said he is great, it is like he was never paralyzed. So amazing, puts a little hop into your step. It is my go to video to show people for them or their dog what Bowen is capable of doing. I would like to get more videos.

Talking about getting the business going was useful knowing that I need to get a web site started and with my new found confidence achieve positive results because Bowen is largely by word of mouth.

I am anxious to see the next level of specialized procedures.

I especially want to thank you Debi, for always being there for me and being patient with all my questions. I am sure I will have more. You are the biggest reassurance that gives me the biggest confidence to be firm with the owners and let them know the do and don't of this therapy. I plan on making up a sheet for the customer so I will pass it on to you and see what you think.

I live in a farming area outside of Belleville, and I am hoping to get some experience with live stock. Especially new borns that are in trouble. Wild life is another area of interest.

I met a lot of new people in the course, all of them very nice and interesting, and made a new friend with Kate.

The assignment with the different animals was very interesting. It is a keeper on your list as far as I am concerned. Really shed some new light onto animals.

I want to thank you as well for doing a mini reading on my horse. You have a special gift and are blessed.

PS I had a question I thought of on the drive home and now forget so I will email once I remember.

Sincerely, Kathy Morton.