

Summary notes:

What I have learned from the overall process?

I have learned how to become more in tune with the various pets I am working with. I have learned how to recognize what certain behaviours and movements may mean to the animals; things I would not have otherwise noticed. For example, the way a dog reacts to a certain touch, maybe it's a flinch or change in breathing pattern, how an animal walks or even his behaviour. Since I started learning Bowen therapy I have never looked at a dog's behaviour the same.

To gain insight into how the Bowen makes the animals feel I started going to Bowen myself. When I am receiving a treatment I can see the similarity in human Bowen to canine Bowen. Although the treatments are subtle I have noticed an improvement in my own mobility in my neck and shoulders. It really does feel like the practitioner isn't doing much; the touch is similar but also effective.

My growth through out the process?

Bowen has provided me with the tools to deepen my relationship with my own fur baby. For this I will be forever grateful.

One of my biggest challenges, and will always be a challenge is when meeting a dog to not shower them with hugs and kisses. It's not my dog and owners may feel I'm crossing boundaries by smooching their dog 😊

I am continually learning how different animals feel when working on them; cats to dogs and different breeds of dogs. I am also continually learning how to assess various issues and most effective Bowen moves to treat each individual symptom. I feel I learn something new every time I perform a Bowen treatment and am excited about continuing my learning journey.

What does Animal Bowen mean to me?

Bowen has provided me with a valuable tool to help improve the quality of life of numerous pets, including my own. Bowen changed my dog's life years ago and now that he is elderly I really feel that his continued treatments are providing him with some comfort and better mobility than he would have had otherwise.

Your plans for using this therapy?

Right now I am continuing to practice Bowen on my own dog and my friends dogs. I do have the odd client but am not doing this full time. I do plan on eventually increasing my client base and creating a website. I am totally stuck on a business name. This has been baffling me for months. Anytime I come up with a good name it is unavailable.

My overall experience with My Instructor ?

I have really enjoyed my Bowen journey with Debi and my classmates. Every one has insight to offer and I have valued listening and learning about other peoples' Bowen experiences. I am continually amazed by what this powerful tool can accomplish. Thank you for everything you have and continue to teach me. You are an excellent instructor with wonderful gifts. Thank you for sharing. 😊