

Summary

With the case studies this time around, I noticed that by the third session, all four animals were completely calm and at peace when I began the procedures. At this point, none of them needed to be held in place and they all seemed to be looking forward to the session. I sensed a feeling of deep relaxation with all of them and with me.

Over the past five years performing Bowen Therapy on humans, I found that I received as much satisfaction out of the sessions as my clients. I am finding that it is the same addressing issues of animals; whether it be emotional or physical. What is even more rewarding, is seeing an animal do what is instinctive after a session. They go and lie down, often sleeping for two or three hours. They do not need to be told to take it easy or to drink plenty of water for the next five days. Humans must be reminded, and too often, they do not heed the Bowen practitioner's advice. As a result, they wonder why the results are not what they had anticipated.

I have had 100% success rates with animal Bowen. I only wish I could say that for my human Bowen practice.